

## Boost your sustainable habits during the Holidays

We have many opportunities to be sustainable and reduce our environmental impact this holiday season. Incorporating the 4R's (Reduce, Reuse, Recycle and Rethink) is a start to a sustainable holiday season by curbing our consumption. Below are a few ideas on how to achieve a sustainable holiday season.

### Shopping

- Purchase a tree that you can plant after the holidays such as a pine tree
- Shop locally and only buy what you need
- Have your receipts texted or emailed to you
- Take reusable bags with you when shopping
- Make your own greeting cards and wrap gifts with items found around your home like newspaper, packing/shipping paper or cloth scraps



### Sustainable gift ideas

- Give gifts that are manufactured with or use recycled products
- Give rechargeable batteries and charger with toys/gadgets instead of single-use batteries
- When gifting a book, add a do-it-yourself bookmark that says, "Pass this book to the next person when done." You can use old holiday cards or cardstock wrapped in gift wrapping paper to create the bookmark.
- Provide durable gifts that will last rather than those with a short life
- Give gifts in reusable bags instead of wrapping paper

### Gatherings

- Save wrapping paper, greeting cards, tinsel and tissue paper to reuse next year
- Regift items you will not use at a white elephant exchange
- Use reusable dishware and avoid sending disposable single-use plates, cups and utensils to the landfill

## Happy Holidays from the Los Angeles County Public Works Family

For more information on sustainability visit [CleanLA.com](https://www.cleanla.com)



For questions or additional information,  
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